HUNGRY?
Hunger can't wait, SNAP can help!
Are you a college student who is struggling to afford food? SNAP is here to help. SNAP provides monthly benefits on a debit card that can be used for groceries.

Due to the pandemic, recent changes in SNAP policy have expanded SNAP eligibility to thousands of low-income CUNY students. **Many more students are now eligible!**

Do you meet the qualifications for SNAP?

Students who meet at least <u>one</u> of two can qualify:

1

The student is between the ages of 18 and 49 and is enrolled in an institution of higher education

- Must be enrolled full time or at least halftime (based on school qualifications)
- Attend a CUNY community, comprehensive or technical college

or

2

Eligible to participate in work study or have an expected family contribution (EFC) of $0.

- Note: students receiving the maximum Pell grant have an EFC of $0.
- Must still meet state income guidelines based on household

State Income Guidelines

Income Guidelines for Households without Earned Income (no elderly or disabled member)

Family Size	Monthly Gross Income*	Annual Gross Income*
1	$1,383	$16,596
2	$1,868	$22,416
3	$2,353	$28,236
4	$2,839	$34,068
5	$3,324	$39,888
6	$3,809	$45,708
7	$4,295	$51,540
8	$4,780	$57,360
Each additional person	$486 +	$5,832 +

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I am interested but how do I apply?

Apply for SNAP online at myBenefits.NY.gov

1. Submit your application through mybenefits.ny.gov.
2. Schedule an interview
3. Submit supporting documentation.
4. Once approved, wait for your SNAP card in the mail!

Tip: You can check your eligibility and SNAP card balance on the website!

NEW YORK STATE

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⚠ IF YOU HAVE A HOUSING, FOOD, UTILITY, OR HEATING EMERGENCY, PLEASE CONTACT YOUR LOCAL **DEPARTMENT OF SOCIAL SERVICES** IMMEDIATE

IF YOU HAVE A LIFE THREATENING OR MEDICAL EMERGENCY, PLEASE CALL 911.

myBenefits   Instructions   Programs   Resources   Select Language   Sign In

AM I ELIGIBLE?

Prescreen for Programs you may be eligible for

HEAP
SNAP
Assistance Programs
Health Insurance
Tax Credits

EBT BALANCE

Check Your EBT Balance

SNAP and Cash Account
Transaction History
Change Your PIN
Report Card Lost or Damaged

NEW USERS

New Users

Apply for HEAP
Apply for SNAP
Apply for Public Assistance
Recertify
Report Changes
View Case Details

Click on **APPLY FOR SNAP** to create an account and enroll

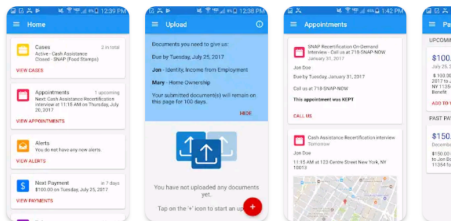## NYC ACCESS HRA
NYC Human Resources Administration

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Helpful Links

For more information about SNAP eligibility for CUNY students, please visit: https://www.cuny.edu/snap/

For more information about enrollment and accessing funds, please visit: https://a069-access.nyc.gov/accesshra/ or download the Access HRA Mobile App on your Android or Apple device today!

To connect with a fellow CUNY student about to SNAP application process and other food security resources, fill out a contact form here: https://www.swipehunger.org/cuny-food-navigator-program/

Created by Healthy CUNY Food Security Advocates, Spring 2021

Healthy CUNY
promoting health for academic success

SNAP
Supplemental Nutrition Assistance Program